

ALL SAINTS' MARGARET STREET
THIRD SUNDAY OF LENT

HIGH MASS | 11am, Sunday 8th March, 2026

§ *All stand when the bell rings.*

A LENT PROSE



Hear us, O Lord, have mercy upon us: for we have sinned against thee.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

O thou chief Corner-stone, Right Hand of the Father: way of Salvation, Gate of Life Celestial: cleanse thou our sinful souls from all defilement.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

Sins oft committed now we lay before thee: with true contrition, now no more we veil them: grant us, Redeemer, loving absolution.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

ENTRANCE ANTIPHON

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

Cf. Psalm 25.14-15

THE INTRODUCTORY RITES

In the name of the ☩ Father, and of the Son, and of the Holy Spirit.

Amen.

The Lord be with you.

And with thy spirit.

PENITENTIAL ACT

Dear brothers and sisters, let us prepare our hearts for the celebration of this Mass by reminding ourselves of the forgiveness we received through the waters of baptism, and our need of God's healing and mercy.

God our Father, thy gift of water brings life and freshness to the earth; in baptism it is a sign of the washing away of our sins and the gift of life eternal.

✠ Sanctify this water, we pray. Renew the living spring of thy life within us, that we may be free from sin and filled with thy saving health, through Christ our Lord. **Amen.**

§ *The people are sprinkled with the blessed water.*

Thou shalt purge me, O Lord, with hyssop, and I shall be clean: thou shalt wash me, and I shall be whiter than snow. Have mercy upon me, O God: after thy great goodness.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Psalm 51.7; 1

May the God of love and power ✠ forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord. **Amen.**

KYRIE ELEISON

Kyrie eleison;

Christe eleison;

Kyrie eleison.

MASS SETTING

MASS IN THE PHRYGIAN MODE

Charles Wood, 1866-1926

THE COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

§ *All sit.*

THE LITURGY OF THE WORD

FIRST READING *Exodus 17.1-7*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

This is the word of the Lord.

Thanks be to God.

PSALMODY 95

O COME, let us sing unto the Lord: let us heartily rejoice in the strength of our salvation. Let us come before his presence with thanksgiving: and shew ourselves glad in him with psalms. For the Lord is a great God: and a great King above all gods. In his hand are all the corners of the earth: and the strength of the hills is his also. The sea is his, and he made it: and his hands prepared the dry land. O come, let us worship and fall down: and kneel before the Lord our Maker. For he is the Lord our God: and we are the people of his pasture, and the sheep of his hand. To-day if ye will hear his voice, harden not your hearts: as in the provocation, and as in the day of temptation in the wilderness. When your fathers tempted me: proved me, and saw my works. Forty years long was I grieved with this generation, and said: It is a people that do err in their hearts, for they have not known my ways; Unto whom I swear in my wrath: that they should not enter into my rest.

EPISTLE *Romans 5.1-8*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope,

and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

This is the word of the Lord.

Thanks be to God.

THE HOLY GOSPEL *St John 4.5-15; 19b-28; 39a; 40-42*

Praise to you, O Christ, King of eternal glory.

Praise to you, O Christ, King of eternal glory.

Unto thee I lift up mine eyes: O thou that dwellest in the heavens.

Psalm 123

Praise to you, O Christ, King of eternal glory.

The Lord be with you. **And with thy Spirit.**

Hear the Gospel of our Lord Jesus Christ according to John.

Glory be to thee, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done!

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.'

So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord.

Praise be to thee, O Christ.

§ *All sit.*

HOMILY

Fr Peter Anthony

§ *All stand to sing the Creed.*

CREDO

I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible:

and in one Lord Jesus Christ, the only begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the Giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one holy, catholic and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

Lord, hear us. **Lord, graciously hear us.**

Rest eternal grant unto them, O Lord.

And let light perpetual shine upon them.

Hail Mary, full of grace; the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.

Merciful Father, accept these prayers for the sake of thy Son, our Saviour Jesus Christ. Amen.

THE LITURGY OF THE EUCHARIST

THE PEACE

In Christ Jesus, ye who sometimes were far off are made nigh by the blood of Christ, for he is our peace.

The peace of the Lord be always with you.

And with thy spirit.

§ *All sit.*

MOTET PSALM 51

Samuel Sebastian Wesley, 1810-1876

Cast me not away from thy presence; and take not thy holy spirit from me. Restore unto me the joy of thy salvation; and uphold me with thy free spirit. The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise. Make me to hear joy and gladness; that the bones which thou hast broken may rejoice.

§ *All stand.*

Pray, my brothers and sisters, that my sacrifice and yours may be acceptable to God the almighty Father.

May the Lord accept the sacrifice at thy hands for the praise and glory of his name, for our good, and the good of all his holy Church.

Grant, O Lord, we pray thee: that this oblation may in such wise cleanse us from all our sins; that we thy servants, being sanctified both in body and soul, may worthily offer unto thee this our sacrifice; through Jesus Christ our Lord.
Amen.

THE EUCHARISTIC PRAYER

The Lord be with you. **And with thy spirit.**

Lift up your hearts. **We lift them up unto the Lord.**

Let us give thanks unto the Lord our God. **It is meet and right so to do.**

§ *The celebrant sings the preface.*

SANCTUS & BENEDICTUS

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory, Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

§ *All kneel. The Canon of the Mass follows.*

Jesus Christ is Lord:

O Saviour of the world, who by thy cross and precious blood hast redeemed us, save us, and help us, we humbly beseech thee, O Lord.

§ *The Canon concludes: Father Almighty, world without end. Amen.*

THE COMMUNION RITE

§ *The celebrant introduces the Lord's Prayer, which is sung by all.*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

AGNUS DEI

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

§ *As the choir sings the Agnus, the celebrant shows the consecrated host to the people:*

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

§ *All reply:*

Lord, I am not worthy that thou shouldest come under my roof, but speak the word only and my soul shall be healed.

§ *Anyone baptized in the name of the Trinity may receive Holy Communion. Low-gluten hosts are available at the Lady Altar station.*

COMMUNION ANTIPHON

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

John 4.13-14

§ *All sit or kneel to sing the hymn.*

**AS PANTS the hart for cooling streams
When heated in the chase,
So longs my soul, O God, for thee,
And thy refreshing grace.**

For thee, my God, the living God,
My thirsty soul doth pine:
O when shall I behold thy face,
Thou Majesty Divine!

Why restless, why cast down, my soul?
Hope still, and thou shalt sing
The praise of him who is thy God,
Thy health's eternal spring.

To Father, Son, and Holy Ghost,
The God whom we adore,
Be glory, as it was, is now,
And shall be evermore. Amen.

Psalm 42

MARTYRDOM

Probably of a Scottish source
Contributed by Wilson, 1766-1824 to
R.A. Smith's *Sacred Harmony*, 1825

§ *All stand.*

POSTCOMMUNION PRAYER

Lord, we beseech thee, grant thy people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow thee, the only God; through Jesus Christ our Lord. **Amen.**

BLESSING & DISMISSAL

The Lord be with you.

And with thy spirit.

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord:

and may the blessing of God almighty, the ☩ Father, and the Son, and the Holy Spirit, come down on you and remain with you always. **Amen.**

Go in the peace of Christ.

Thanks be to God.

§ *All sing the final hymn:*

JESU, Lover of my soul,
Let me to thy bosom fly,
While the nearer waters roll,
While the tempest still is high:
Hide me, O my Saviour, hide
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last.

Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah, leave me not alone,
Still support and comfort me.
All my trust on thee is stayed,
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.

Thou, O Christ, art all I want,
More than all in thee I find:
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
False and full of sin I am,
Thou art full of truth and grace.

Plenteous grace with thee is found,
Grace to cover all my sin;
Let the healing streams abound,
Make and keep me pure within.
Thou of life the fountain art,
Freely let me take of thee,
Spring thou up within my heart,
Rise to all eternity.

Charles Wesley, 1707-1788

ABERYSTWYTH
J.B. Dykes, 1823-1876

ANGELUS *St Luke 1.28; 38; 42*

THE Angel of the Lord brought tidings to Mary.

And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Behold the handmaid of the Lord.

Be it unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

And the Word was made flesh.

And dwelt among us.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

We beseech thee, O Lord, to pour forth thy grace into our hearts, that, as we have known the Incarnation of thy Son, Jesus Christ, by the message of an angel, so, by his ☩ Cross and Passion, may we be brought unto the glory of his Resurrection, through the same Jesus Christ our Lord. **Amen.**

Welcome to All Saints', especially if you are visiting. Please join us for coffee in the courtyard after Mass. The Parish Bar will be open from 12.30pm.

Parish Email

Sign up for our weekly email on the Parish's website: asms.uk/news

MASS TIMES THIS WEEK

Sunday, 8th March | LENT III

5.15pm Low Mass; *6pm Evensong & Benediction*
Byrd | Monteverdi | Tallis

Monday, 9th March | Lent Feria

12noon; 6.30pm

Tuesday, 10th March | Lent Feria

12noon; 6.30pm

Wednesday, 11th March | Lent Feria

12noon; *12.30pm Stations of the Cross*
5.30pm Holy Hour; 6.30pm

Thursday, 12th March | Lent Feria

12noon; 6.30pm

Friday, 13th March | Lent Feria

12noon; 6.30pm; *7pm Stations of the Cross*

Saturday, 14th March | Lent Feria

12noon; *6pm Confessions*; 6.30pm Vigil Mass

Sunday, 15th March | LENT IV

8.30am Low Mass; 11am High Mass
Stanford | Tomkins | Schumann

Preacher: *Fr Peter Anthony*

5.15pm Low Mass; *6pm Evensong & Benediction*
Brahms | Howells | Ireland



Collection is taken at the card reader at the back of church, or by using this QR code.

Thank you for your support.

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